

CONSUMER MEDICINE INFORMATION · SUMMARY

BEST & FAIREST · AT A GLANCE

Best & Fairest T25 Balanced Hybrid*Cultivar: Lameo Sherb Mints*

ACTIVE INGREDIENT

 Δ^9 -tetrahydrocannabinol

LABEL CLAIM (DRIED BASIS)

THC 25% w/w

CBD <1% w/w

DOSAGE FORM	PACK SIZE	BATCH · EXPIRY
Dried cannabis flower	30 g (minimum net)	B1570 · Exp 24 October 2026

The full Consumer Medicine Information on the following pages has more detail. If you are worried about using this medicine, speak to your doctor or pharmacist.

WARNING · IMPAIRMENT AND DRIVING

This medicine contains tetrahydrocannabinol (THC) and will impair your driving, coordination and judgement. In Queensland and every other Australian state and territory, it is an offence to drive with any detectable amount of THC in your system — even when prescribed. Do not drive or operate machinery while using this medicine, and for as long as your prescriber advises after your last dose.

Why am I using this medicine?

This medicine contains the active ingredient **Δ^9 -tetrahydrocannabinol (THC)**. It is a prescription-only Schedule 8 medicinal cannabis product used as determined by an Authorised Prescriber or under the TGA Special Access Scheme for conditions assessed by your treating doctor.

What should I know before I use it?

Do not use if you are allergic to cannabis, have a history of psychotic illness, have unstable mood or anxiety disorders, severe heart disease, are pregnant, planning pregnancy or breastfeeding, or are under 18 (unless specifically prescribed by a specialist).

What if I am taking other medicines?

Tell your doctor and pharmacist about all other medicines, including over-the-counter products and herbal supplements. Cannabis can interact with medicines metabolised by CYP450 enzymes and adds to the sedative effect of alcohol, opioids and benzodiazepines.

How do I use it?

This medicine is **dried cannabis flower for vaporisation** using a dry-herb vaporiser. Do not smoke it. Start at the lowest dose and increase only under your prescriber's direction.

What should I know while using it?

Store sealed in the original pouch, below 25 °C, out of sight and reach of children. Do not share. Avoid alcohol and other sedating substances. Carry your approval documentation when travelling.

Are there any side effects?

Common effects include drowsiness, dry mouth, dizziness, red eyes, changes in mood and increased appetite. Rarer but serious effects include severe anxiety, paranoia, rapid heartbeat or psychotic symptoms — seek medical advice urgently if these occur.

Unregistered medicine notice. This product is not on the Australian Register of Therapeutic Goods (ARTG). It is classified as a **Category 5** unapproved therapeutic good, supplied under the TGA Special Access Scheme (SAS-B) or by an Authorised Prescriber (AP).

FULL CONSUMER MEDICINE INFORMATION

Best & Fairest T25 Balanced Hybrid

Active ingredient: Δ^9 -tetrahydrocannabinol (THC) · Cultivar: Lameo Sherb Mints

This leaflet provides important information about using Best & Fairest T25 Balanced Hybrid. Speak to your doctor or pharmacist if you have any questions.

1. Why am I using this medicine?

Best & Fairest T25 Balanced Hybrid contains the active ingredient **Δ^9 -tetrahydrocannabinol (THC)**, a naturally occurring cannabinoid. The product is dried cannabis flower from the *Lameo Sherb Mints* cultivar, with a label claim of 25% THC w/w on a dried basis and less than 1% cannabidiol (CBD).

Medicinal cannabis is a **Schedule 8 controlled drug**. Your prescriber has determined that medicinal cannabis may be appropriate for your condition. This product is not registered with the TGA for any specific indication; the decision to prescribe is made by your Authorised Prescriber or under Special Access Scheme approval.

2. What should I know before I use this medicine?

Do not use this medicine if you:

- are allergic to cannabis, any cannabinoid, or any component of the product
- have a personal or family history of psychotic illness (including schizophrenia)
- have an active unstable mood or severe anxiety disorder
- have severe cardiovascular disease, unstable angina, or a recent myocardial infarction
- are pregnant, planning pregnancy, or breastfeeding
- are under 18 years old, unless specifically prescribed by a specialist

Check with your doctor if you:

- have a past or current substance use disorder
- have moderate-to-severe liver or kidney impairment
- take other medicines that affect the central nervous system (opioids, benzodiazepines, sedating antihistamines, antipsychotics)
- have a cardiac arrhythmia or uncontrolled hypertension
- have a seizure disorder
- drink alcohol regularly

Pregnancy and breastfeeding

Do not use during pregnancy, when planning pregnancy, or while breastfeeding. THC crosses the placenta and is excreted in breast milk. Discuss contraception with your doctor.

Children and older adults

Not recommended for people under 18 unless specifically prescribed by a specialist. Older adults may be more sensitive to impairment, dizziness and changes in blood pressure — use the lowest effective dose.

3. What if I am taking other medicines?

Tell your doctor or pharmacist about every other medicine you are taking, including over-the-counter medicines, vitamins, and herbal products. Cannabinoids are metabolised by and can inhibit several cytochrome P450 enzymes (CYP3A4, CYP2C9, CYP2C19), creating potential interactions with a wide range of medicines.

Medicines that may increase the effects of this medicine include:

- CNS depressants — opioids, benzodiazepines, sedating antihistamines, antipsychotics, alcohol
- Strong CYP3A4 inhibitors — clarithromycin, ketoconazole, itraconazole, ritonavir, grapefruit juice
- Fluoxetine and other SSRIs (potential additive serotonergic and sedative effects)

Medicines that may reduce the effects of this medicine include:

- Strong CYP3A4/2C inducers — rifampicin, carbamazepine, phenytoin, phenobarbital, St John's wort

Medicines requiring additional monitoring:

- Warfarin — monitor INR; cannabinoids may increase anticoagulant effect
- Anti-epileptic medicines — dose adjustments may be required
- Tacrolimus, cyclosporine — monitor levels

4. How do I use this medicine?

How much to use

Start low and go slow. Use only the amount your prescriber has recommended. The onset of effects from vaporisation is rapid (1–10 minutes) and peaks within about 30 minutes. Allow at least 15 minutes between inhalations before deciding whether more is needed. Do not exceed the daily amount specified on your SAS-B approval or AP notification.

How to use

This product is **dried cannabis flower for vaporisation only**. Do **not** smoke it. Use a dry-herb vaporiser registered as a medical device or recommended by your prescriber or pharmacist. Typical vaporisation temperatures are 180–210 °C — follow the manufacturer's instructions. The flower does not need combustion; if you see smoke, the temperature is too high.

When to use

Use as directed by your prescriber. Many patients are advised to use in the evening because of sedation. Do not use before driving or activities requiring alertness.

If you forget a dose

Skip the missed dose. Do not take a double dose to make up for it.

If you use too much

Symptoms of excessive use include severe drowsiness, confusion, rapid heartbeat, anxiety, paranoia or vomiting. Overdose from inhaled medicinal cannabis alone is rarely life-threatening but distress can be severe. If you think you have used too much:

- phone the Poisons Information Centre on **13 11 26**
- contact your prescriber or dispensing pharmacy
- call **000** or go to your nearest Emergency Department if you are severely distressed, have chest pain, or cannot be roused

5. What should I know while using this medicine?

Things you should do

- Tell every doctor, dentist, pharmacist and anaesthetist you see that you are using medicinal cannabis
- Keep the humidity pack (Integra Boost 4 g, 62% RH) inside the pouch at all times — it maintains product quality
- Carry your SAS-B approval letter or AP script when travelling with the medicine
- Store the pouch sealed, upright and below 25 °C, away from light

Things you should not do

- Do not smoke this medicine — it is for vaporisation only

- Do not share or sell this medicine — supplying a Schedule 8 substance to another person is a criminal offence
- Do not drive or operate machinery while using this medicine (see below)
- Do not combine with alcohol or other sedating medicines

DRIVING AND OPERATING MACHINERY

In Queensland and all other Australian states and territories, it is an offence to drive with any detectable amount of THC in saliva or blood — even when prescribed. THC can be detected for many days after the last dose. Do not drive or operate machinery while taking this medicine. Talk to your prescriber about a realistic timeframe before returning to driving. Penalties in Queensland for a first offence include licence disqualification of up to 9 months, fines over \$4,600 and possible imprisonment.

Drinking alcohol

Avoid alcohol while using this medicine. Alcohol increases sedation, impairment and risk of adverse effects.

Looking after your medicine

Store below 25 °C, protect from light, keep in the sealed original pouch with the humidity pack. Keep out of sight and reach of children. Do not store in the bathroom, in the car, or on a window sill.

Disposal of unused medicine

Return any unused or expired medicine to your dispensing pharmacy for safe disposal — it is a Schedule 8 substance and must not be placed in general rubbish or returned by post.

6. Are there any side effects?

All medicines can have side effects. Most are minor and temporary. Some, however, need medical attention.

Less serious side effects	What to do
Drowsiness, fatigue, dizziness, mild headache	Usually improves with time or lower dose. Speak to your doctor if persistent.
Dry mouth, red eyes	Usually mild and self-limiting — use lip balm and lubricating eye drops.
Increased appetite	Common — monitor for unwanted weight gain.
Changes in mood, mild euphoria	Tell your doctor if distressing or worsening.
Mild anxiety, nausea, GI upset	Speak to your doctor if troublesome.
Serious side effects — seek urgent medical advice	What to do
Severe anxiety, panic, paranoia, hallucinations, psychotic symptoms	Stop using the medicine and contact your doctor immediately. Call Lifeline 13 11 14 or attend the Emergency Department if you feel unsafe.
Chest pain, very rapid or irregular heartbeat, fainting	Call 000 or go straight to the Emergency Department.
Severe repeated vomiting (possible cannabinoid hyperemesis)	Seek urgent medical review.

Thoughts of self-harm or suicide	Call Lifeline 13 11 14 or 000 immediately.
Signs of severe allergic reaction (swelling, difficulty breathing, rash)	Call 000 immediately.

Reporting side effects

After getting medical advice for any side effects, you can report them to:

- the dispensing pharmacy where this medicine was supplied,
- Naturally Elevated on 1300 120 581 (business hours) or Hello@NaturallyElevated.com.au, and
- the TGA at www.tga.gov.au/reporting-problems.

7. Product details

This medicine is only available with a valid Schedule 8 prescription. It is an unapproved therapeutic good supplied under the TGA Special Access Scheme (SAS-B) or by an Authorised Prescriber.

Active ingredient	□□-tetrahydrocannabinol (THC) — 25% w/w label claim (dried basis)
Other cannabinoids	Cannabidiol (CBD) <1% w/w; other naturally occurring cannabinoids and terpenes
Inactive ingredients	None added. Natural plant matter only.
Potential allergens	May contain trace plant allergens. Produced in a facility that handles cannabis.
Dosage form	Dried cannabis flower
Route of administration	Vaporisation (inhalation)
Appearance	Dried cannabis inflorescence — Lameo Sherb Mints cultivar
Pack	Pouch with 62% RH Integra Boost 4 g humidity pack, tamper-evident zip lock and heat seal, 30 g (minimum net)
Batch	B1570
Manufactured	26 October 2025
Expiry	24 October 2026
Quality standard	Manufactured in accordance with TGO 93 and Ph. Eur. 5.1.4

Who distributes this medicine

Naturally Elevated Pty Ltd

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ABN 91 636 315 109 · ACN 636 315 109

Important disclaimer. This leaflet supports patients prescribed this unapproved medicinal cannabis product under the TGA Special Access Scheme (SAS-B) or by an Authorised Prescriber. The product is not registered with the TGA and is not listed on the Australian Register of Therapeutic Goods. This document does not replace the advice of your treating prescriber or dispensing pharmacist. Always follow your prescriber's directions. If you are unsure about any part of this leaflet, ask your pharmacist or doctor before using this medicine.

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